BIRDBOX

The BirdBox Coaching Development Certificate is awarded to

Anne Bik

Who has fullfilled the requirements and completed the prescribed course.
The learning process taught key aspects to become a more effective coach. Elements learnt included the coach-athlete relationship, biomechanics understanding, indentification of movement competency, coaching interventions and the review process.

Nathan Bird

Nathan Bird
BIRDBOX TEAM DIRECTOR

APPROVED CEU PROVIDER
CrossFit CERTIFICATIONS

19 April, 2026

AWARDED ON

Live Seminar
14 CEUs